

Rachel Steilberg, MS, CRC, CLCP

Strategic Consulting Services

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Education:

University of Florida, Gainesville, FL
Certificate in Life Care Planning, August 2008

Central Washington University, Ellensburg, WA
Master of Science Degree, August 2007
Counseling Psychology

University of Washington, Seattle, WA
Continuing Education in Rehabilitation and Educational Psychology, 1992-1998

Franklin & Marshall College, Lancaster, PA
Bachelor of Arts Degree, May 1991
Sociology

Certifications and Affiliations:

Certified Rehabilitation Counselor (CRC) - #00044095

Certified Life Care Planner (CLCP) - #1001

Registered Vocational Rehabilitation Counselor – Washington State Department
of Labor and Industries – #8566

Registered Counselor – Washington State Department of Health - #RC00056123

Approved Vocational Expert, 2010 – U.S. Social Security Administration
Office of Disability Adjudication and Review
Seattle, Washington

Approved Vocational Rehabilitation Counselor, 2009 – U.S. Veterans Administration
U.S. Department of Veteran Affairs
Washington, D.C.

American Psychological Association (APA)

International Association of Rehabilitation Professionals (IARP)

International Association of Life Care Planners (IALCP)

Experience:

May 2009- present Strategic Consulting Services, Issaquah, WA
Vocational Rehabilitation Consultant, Case Manager
and Life Care Planner

- Vocational rehabilitation counseling and consulting
- Vocational evaluations and recommendations
- Life care planning
- Case management
- Psychometric testing
- Expert testimony

September 2008- Vocational Counseling Solutions, Sole Proprietor
December 2009 Vocational Rehabilitation Consultant

June 2006 - Stevens Hospital – Psychiatric Unit, Edmonds, WA
October 2006 Mental Health Counselor Intern

- Provided direct individual mental health counseling to inpatients and partial hospitalization patients
- Provided group counseling to inpatients and outpatients
- Performed intake evaluations and admitting assessments
- Created and facilitated individual treatment plans
- Presented assessments and recommendations to team of psychologists and partial hospitalization program director
- Worked directly with insurance carriers regarding authorization and coverage of services
- Coordinated discharge services for inpatient and partial hospitalization patients

June 2001 - CorVel Corporation, Seattle, WA
August 2003 Senior Vocational Rehabilitation Counselor
Manager of Department of Labor and Industries Vocational Contract

- Provided vocational rehabilitation counseling to injured workers
- Performed vocational assessments
- Coordinated return to work
- Implemented vocational retraining plans
- Managed Department of Labor and Industries Vocational Rehabilitation Contract
- Audited in house Labor and Industries files

Experience Continued:

May 1997 - Favorite & Associates, Everett, WA.
May 2001 Trainer/Senior Vocational Rehabilitation Counselor

- Provided vocational rehabilitation counseling to injured workers
- Performed vocational assessments
- Coordinated return to work
- Implemented vocational retraining plans
- Composed and implemented training curriculum for all new interns and counselors
- Trained and supervised vocational rehabilitation interns

March 1992- OSC Vocational Systems, Inc., Federal Way, WA.
April 1997 Branch Manager of Federal Way and Fife Offices
Vocational Rehabilitation Counselor

- Provided vocational rehabilitation counseling to injured workers for the Department of Labor and Industries, self insurers and private attorneys
- Completed early intervention and ability to work assessments
- Developed and implemented vocational rehabilitation retraining plans
- Administered and interpreted psychometric testing
- Coordinated and presented job seeking skills workshops
- Hired, trained and supervised 5-7 vocational rehabilitation interns and counselors
- Expert testimony

Presentations:

Washington Defense Trial Lawyers Seminar, Changing Dollars to Sense: Using Experts to Win your Damages Case. *Effective Life Care Planning/Vocational Rehabilitation*.
Seattle, WA, May 7, 2010

Washington Defense Trial Lawyers, Continuing Legal Education Seminar
Methods in Determining Employability and Assessing Earning Capacity
Seattle, WA, January 27, 2009

Western Psychological Association, 2008 Annual Convention
Poster Presentation - *Stress, Coping, & Performance: Comparison of Traditional & Nontraditional College Students*, Irvine, CA, April 11, 2008